

# Join Mattapan Community Health Center in a series of dialogues on Trauma and Resiliency

**These series of conversations will focus on the following topics:**

- What is trauma?
- How does trauma impact individuals, groups, and communities?
- Identifying strengths and resources for those who have been impacted by trauma/stressful events.
- Identifying Mental Health/Wellness Resources and Support.

**These dialogues will take place at:  
Mattapan Health Center, 1575 Blue Hill Avenue,  
Mattapan on the following dates:**

- Thursday, March 26, 2015 5:30-7:30pm
- Thursday, April 23, 2015 5:30-7:30pm
- Thursday, May 28, 2015 5:30-7:30pm



**Registration is encouraged but not required. For more information please contact Shawn Bodden, Violence Intervention (VIP) Coordinator at [boddens@matchc.org](mailto:boddens@matchc.org) or call 617-898-9037. Light Refreshments will be served.**