Socio-ecological model

The Socio-Ecological Model represents the way in which BPHC does public health work, as well as the way in which BPHC understands how racism works.

- Although many of us often think on the level of the individual, all these levels are constantly interacting with one another.
- The knowledge and attitudes held by an individual are often informed by those within their social networks on the interpersonal level, who are in turn also informed by the surrounding cultural and institutional practices.
- Conversely, those who create and uphold the laws and practices on the institutional level are individuals themselves, and their individual decision making can influence multiple domains within the socio-ecological system.
- Each of us works within one or more of these domains. Identifying intersecting interventions that impact the overall structure will have the greatest impact on health equity.