Social Determinants of Health

The circumstances in which people are born, grow, live, learn, work, play, and age that influence access to resources and opportunities that promote health.

- The social determinants of health are social factors include housing, education, employment, environmental exposure, health care, public safety, food access, income, and health and social services.

- As public health advocates, educators, and leaders, we must encourage people to make healthy choices, but must also remember that people can only make healthy choices if they have healthy options. (Robert Wood Johnson Commission to Build a Healthier America)