

HEALTH MODULE DESCRIPTIONS

Winter 2019



Sexually Transmitted Infections (STI)

Monday, February 25
9:30 am–3:30 pm

What are the differences between viral and bacterial STIs? Teach your clients about the symptoms, complications and treatments for STIs. Explore ways to make behavioral changes that will reduce your clients' risk of contracting STIs.

Mental Health

Wednesday, February 27
9:30 am–3:30 pm

How do you identify a mental health issue, the level of risk and determine what is in the client's best interest? Discuss common signs and symptoms of mental health problems and techniques for working with clients resistant to seeking services and handling crisis intervention.

Health Eating

Thursday, February 28
9:30 am–12:30 pm

Our society gives people mixed messages about eating and body size. Advertising urges us to consume fattening foods while still remaining thin. Learn to help clients develop healthy eating habits and self esteem around their body image.

Substance Abuse

Tuesday, March 5
9:30 am–3:30 pm

Explore your attitudes toward addiction and addicts. Develop skills for working effectively with addicts. Learn about the theories of addiction, approaches to treatment and the recovery process.

Diabetes Prevention

Wednesday, March 6
9:30 am–12:30 pm

Learn how control, prevention and healthier food choices can decrease your risk of diabetes. Find out the causes and types of diabetes and who may be at risk. Understand why managing this "silent epidemic" is so important.

Promoting Community Preparedness

Thursday, March 7
9:30 am–12:30 pm

Community Health Workers are uniquely placed to support community resilience. This module uses a scenario-based approach to build upon the knowledge and experience of participants to increase their capacity to support their communities before, during and after an emergency. Participants will be introduced to key emergency preparedness concepts.

Women & HIV

Monday, March 11
9:30 am–12:30 pm

Find out why women are failing to seek early detection of the virus, not complying with treatment, and developing AIDS at higher rates than men. Less than half the women living with HIV get the care they need and only 32% have the virus under control.

Domestic Violence

Wednesday, March 13
9:30 am–12:30 pm

How do we screen for abuse in a relationship? How do we offer help? Learn about the forms of abuse, the cycle of violence, and the abusers. Learn about risk assessments, safety plans, and available resources.

LGBT Health

Wednesday, March 20
9:30 am–12:30 pm

Lesbian, gay, bisexual and transgender (LGBT) communities are at higher risk for many health problems such as substance abuse, smoking, Sexually transmitted infections, depression, victimization and trauma. Why do these disparities exist? How do our systems create barriers to care? What prevents LGBT clients from accessing care? Explore ways for programs and services to be more responsive to the needs of LGBT clients.



Health Modules:

These courses are offered on a variety of health issues affecting communities across the state. Each module covers important public health facts and local resources.

HEALTH MODULES

Winter 2019



| HEALTH MODULES | DATE | TIME |
|---|------------------------|------------------|
| <input type="checkbox"/> Sexually Transmitted Infections | Monday, February 25 | 9:30 am–3:30 pm |
| <input type="checkbox"/> Mental Health | Wednesday, February 27 | 9:30 am–3:30 pm |
| <input type="checkbox"/> Healthy Eating | Thursday, February 28 | 9:30 am–12:30 pm |
| <input type="checkbox"/> Substance Abuse | Tuesday, March 5 | 9:30 am–3:30 pm |
| <input type="checkbox"/> Diabetes Prevention | Wednesday, March 6 | 9:30 am–12:30 pm |
| <input type="checkbox"/> Promoting Community Preparedness | Thursday, March 7 | 9:30 am–12:30 pm |
| <input type="checkbox"/> Women & HIV | Monday, March 11 | 9:30 am–12:30 pm |
| <input type="checkbox"/> Domestic Violence | Wednesday, March 13 | 9:30 am–12:30 pm |
| <input type="checkbox"/> LGBT Health | Wednesday, March 20 | 9:30 am–12:30 pm |

Please tell us what you do

(check all that apply):

- educate “hard to reach communities”
- connect people to needed services
- navigate clients through health and social services systems
- counsel clients about healthy lifestyles
- advocate for clients and communities
- inform health care providers about “hard to reach” community needs

Basic Requirements

(check all that apply):

- Have experience doing community based health work such as an Community Health Worker, Health Advocate or Case Manager.
- Employed by an organization to work at least 20 hours a week doing community health work (paid or unpaid).
- Have read and signed CHEC’s Trainee Policies & Procedures Agreement prior to or upon registration by you and your supervisor.

Photo release: I do/do not give my consent for the release of my photo if needed.

(Please circle one)

TRAINING REGISTRATION FORM

"Meeting People Where They Are..."

BOSTON
PUBLIC
HEALTH
COMMISSION



Meeting People Where They Are....

CHEC is a training and professional development center that strives to enhance the capacity of CHWs to provide outreach and health education in the diverse communities of Boston.

For More Information

Please call us at (617) 534-5181,

Fax (617) 534-5485

Coffee and tea is provided. Free parking with validation. Participants must bring their parking ticket for validation.

Participants will be responsible for the entire parking fee if ticket is misplaced, participant arrives late, leaves early or is turned away.

Pricing Information

The cost for each session: \$25/half day and \$50/full day. Please fax form to: (617) 534-5485.

Mail money orders or agency checks to: CHEC 860 Harrison Ave. 2nd floor Boston MA. 02118



| | |
|---|--------------|
| Date: _____ | Name: _____ |
| Title: _____ | |
| Organization/Program: _____ | |
| Organization Address: _____ | |
| Email: _____ | |
| Telephone: _____ | Fax: _____ |
| Supervisor's name: _____ | |
| Telephone: _____ | Email: _____ |
| Do you need individual arrangements (i.e., ASL)?: _____ | |

For more information, please call (617) 534-5181 or email: CHECenter@bphc.org

Fax: (617)-534-5485

Complimentary parking is provided. Participants must bring their parking ticket for validation.

Participants will be responsible for the entire parking fee if ticket is misplaced, participant arrives late, leaves early or is turned away.

For snow cancellations, please call 617-534-5181.