



**Community Health
Education Center
(CHEC)**
860 Harrison Ave.
2nd floor,
Boston, MA 02118
Phone:(617) 534-5181
Fax: (617) 534-5485

M O T I V A T I O N A L INTERVIEWING

**MONDAY, DECEMBER 10, 2018
9:30 AM-3:30 PM**

- ◆ Discouraged with trying to get clients to change?
- ◆ Sometimes frustrated that clients seem “resistant,” “non-compliant” or “uncooperative”?
- ◆ Ready to try a new approach?

Motivational Interviewing provides an alternative approach to confrontation as a means of promoting change. Motivational Interviewing combines an empathic style of interviewing with behavioral strategies for helping clients make change. You will learn key principles, techniques and tools of Motivational Interviewing. You will also have the opportunity to practice these techniques with each other. It has been effectively used for a variety of health issues including substance abuse, tobacco use, HIV/AIDS, STIs, weight control, asthma, diabetes, and heart disease management.

The cost for the session: \$50/full day
Please fax form back to: (617) 534-5485.

Mail money orders or agency checks to: CHEC 860 Harrison Ave. 2nd floor Boston MA. 02118.
Deadline for registering is December 5, 2018

Date: _____	Name: _____
Title: _____	
Organization/Program: _____	
Full Address: _____	
Email: _____	
Telephone: _____	Fax: _____
Supervisor's name: _____	
Telephone: _____	Email: _____
Do you need individual arrangements (i.e., ASL)?: _____	

For more information, please call Luisa Tavares at (617) 534-2432 or email: ltavares@bphc.org.
Complimentary parking is provided. Participants must bring their parking ticket for validation.
Participants will be responsible for the entire parking fee if ticket is misplaced, participant arrives late,
leaves early or is turned away. Snow cancellations, please call 617-534-5181.