WHAT IS CITYHEALTH?

• Policy is one of our most powerful tools to improve people’s lives and make cities thrive
• A policy package that’s the result of extensive research, advice from experts, interviews with high-level city decision makers and focus groups of engaged voters
• A 40-city analysis of how cities’ current laws stack up and compare, and where they need to move the dial
NINE POLICIES

- Paid sick leave
- High-quality, universal pre-kindergarten
- Affordable housing/inclusionary zoning
- Complete streets
- Alcohol sales control
- Tobacco 21
- Clean indoor air
- Food safety and restaurant inspection rating
- Healthy food procurement
WHAT’S BEHIND OUR PACKAGE?

• A review of the scientific literature (from the National Academies of Sciences, Engineering and Medicine to the Centers for Disease Control and Prevention (CDC) and beyond) for policies with evidence of improving health and well-being

• Counsel from national experts

• Review by Blue Ribbon Panel comprised of health, business, advocacy, and academic experts

• Public opinion research, including stakeholder interviews with city policy leaders and focus groups of engaged voters
Paid Sick Leave
Paid sick leave can reduce the spread of contagious diseases, increase employment and income stability, and save cities money in healthcare costs.

High-quality, Universal Pre-Kindergarten
Children who attend high-quality pre-K are more likely to succeed in school, go on to middle and even more as adults—all of which are linked to better health and stronger communities.

Affordable Housing/Inclusionary Zoning
As cities grow, it’s important that residents of all income levels have access to affordable housing that sets them up for good health.

Complete Streets
Complete streets policies unlock opportunities by allowing walkability to safety, walk, drive, and bike public transit around their community.

Alcohol Sales Control
Neighborhoods with high concentrations of alcohol outlets are linked to more violent and higher rates of crime and driving under the influence.4 Policies that control the number of alcohol outlets can reduce crime, increase safety, and reduce operating on health risk and individual justice.

Tobacco 21
Cutting tobacco use among young adults has been shown to decrease the number of people who use-and continue using.

Clean Indoor Air
Comprehensive smoke-free air laws protect non-smokers from secondhand smoke and reduce overall consumption of tobacco—the leading cause of preventable death in the US.

Food Safety and Restaurant Inspection Rating
Policies requiring food establishments to publicly post safety inspections improve consumer confidence, reduce foodborne illness rates and add value to health care costs.

Healthy Food Procurement
Policies that make sure healthy food options are available in public settings enable residents in making smart decisions that will help them choose to maintain a healthy weight.
THANKS AND NEXT STEPS

• Congratulations!!

• Amplify - @city_health on Twitter

• Lead us to the next ratings
  • What are the next set of policies?
  • Skate to where the puck is going, not where it has been

• Questions?