TIP: It is never too early to teach self-respect. No one has the right to tell your teenager who to see, what to do, or what to wear. No one has the right to hit or control anyone else.

TIP: Give your teenager a chance to talk. Listen quietly to the whole story.

TIP: If you suspect that your teenager is already involved with an abusive partner, tell your teenager that you are there to help, not to judge. If your teenager does not want to talk with you, help your teenager find another trusted person to talk with.

TIP: Focus on your teen; do not put down the abusive partner. Point out how unhappy your teenager seems to be while with this person.

TIP: If your teenager tries to break up with an abusive partner, advise that the break be definite and final. Support your teenager’s decision and be ready to help. Get advice from teen dating violence prevention hotlines or teen counselors how to support your child through a relationship break up.

TIP: Take whatever safety measures are necessary. Have friends available so your teenager does not have to walk alone. Consider changing class schedules or getting help from the guidance counselor, school principal, or the police if necessary.

Source: http://www.eap.partners.org/