



CHEC



**Community Health
Education Center
(CHEC)**

860 Harrison Ave
2nd floor,
Boston, MA 02118
Phone:(617) 534-5181
Fax: (617) 534-5485

MOTIVATIONAL INTERVIEWING

**WEDNESDAY, MARCH 4, 2020
9:30 AM-3:30 PM**

- ◆ Discouraged with trying to get clients to change?
- ◆ Sometimes frustrated that clients seem “resistant,” “non-compliant” or “uncooperative”?
- ◆ Ready to try a new approach?

Motivational Interviewing provides an alternative approach to confrontation as a means of promoting change. Motivational Interviewing combines an empathic style of interviewing with behavioral strategies for helping clients make change. You will learn key principles, techniques and tools of Motivational Interviewing. You will also have the opportunity to practice these techniques with each other. It has been effectively used for a variety of health issues including substance abuse, tobacco use, HIV/AIDS, STIs, weight control, asthma, diabetes, and heart disease management.

The cost for the session: \$50/full day

Please fax form back to: (617) 534-5485.

Mail money orders or agency checks to: CHEC 860 Harrison Ave. 2nd floor | Mailbox# 349 | Boston MA| 02118

Deadline for registering is February 19, 2020

Date: _____	Name: _____
Job Title: _____	
Telephone: _____	Email: _____
Name of Employer Organization: _____	
Name of Employer Program: _____	
Employer Organization Address: _____	
How many years at this position? _____ Is this position full time or part time? _____	
Supervisor's name: _____	
Telephone: _____	Email: _____
Do you need individual arrangements (i.e., ASL)?: _____	

For more information, please call CHEC at (617) 534-5181 or email: CHECenter@bphc.org. Complimentary parking is provided. Participants must bring their parking ticket for validation. Participants will be responsible for the entire parking fee if ticket is misplaced, participant arrives late,