

# Does your patient need an asthma home visit referral?

**BPHC offers 2 FREE home-based services for Boston residents with asthma**

**Help your patients keep their asthma under control**



## Healthy Homes Asthma Home Visit Program

Visit by CHW includes:

- Asthma education (& review medications)
- Visual assessment for asthma triggers
- Cleaning & pest management supplies
- Additional resources and referrals

Download Referral Form: [www.bphc.org/asthma](http://www.bphc.org/asthma)

Attach Asthma Action Plan & Allergy test results if possible

Fax to **617-534-2372**

## Breathe Easy at Home Program

**Boston Inspectional Services Department (ISD) inspectors will:**

- Identify asthma triggers that are covered by the MA sanitary code
- Work with landlords to correct these poor housing conditions

Referral login: [www.cityofboston.gov/isd/bmc](http://www.cityofboston.gov/isd/bmc)

Login support & Info: **617-534-2485**

## How to make a referral

1. Check eligibility (Boston resident, qualifies per referral form)
2. Obtain patient consent
3. Fill out forms completely and submit referral



Building a Healthy Boston  
Mayor Martin J. Walsh

# What to expect from your Asthma Home Visit

**BPHC offers 2 FREE home-based services for Boston residents with asthma**

## Healthy Homes Asthma Home Visit Program

### Trained Community Health Workers will:

- Provide you and/or your child with one-on-one asthma education (& review medications)
- Look for asthma triggers with you in your home
- Give you healthy cleaning & pest management supplies and tips

## Breathe Easy at Home Program

### Inspectors will:

- Identify asthma triggers that are covered by the MA sanitary code
- Work with landlords to correct these poor housing conditions

### Before the visit:

1. Expect a call from program staff to schedule your first appointment.
2. Make sure you schedule a time when you or someone else will be at home.
3. To cancel or reschedule ahead of time or for any questions contact:
  - a. Healthy Homes 617-534-5966
  - b. Breathe Easy at Home 617-961-3418

### After the visit:

1. To keep asthma under control, make sure you follow the recommendations you are given.
2. Schedule follow up visits.

[YOU CAN WRITE YOUR APPOINTMENT HERE]

Appointment: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Appointment: \_\_\_\_\_

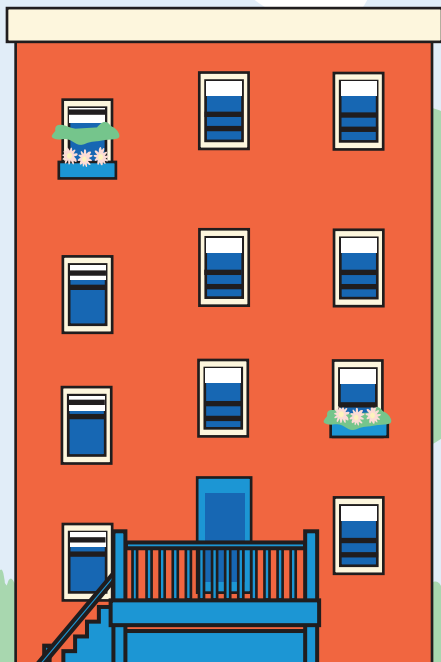
Date: \_\_\_\_\_

Time: \_\_\_\_\_

**BOSTON  
PUBLIC  
HEALTH  
COMMISSION**



Building a Healthy Boston  
Mayor Martin J. Walsh



## Additional Asthma Resources

**Did you know that your home could be making your asthma worse?**

Take steps to improve your asthma

- BMC Pediatric Asthma-Allergy Clinic **617-414-4527**
- Boston Children's Hospital, Community Asthma Initiative (CAI) **617-355-2144**
- Tufts-New England Medical Center Asthma Prevention and Management Initiative **617-636-1339**
- Partners Asthma Center, Brigham & Women's Hospital Health Education **617-732-7464**
- Help to Quit Smoking, MDPH Smokers' Helpline, **1-800-TRYTOSTOP (1-800-879-8678)** (English & Spanish)
- Health Plan Asthma Resources
  - Boston Health Net **1-888-566-0008**
  - Network Health **1-888-257-1985** (ask for an asthma clinician)
  - Neighborhood Health Plan **617-478-7181**

**617-534-5966 | [asthma@bphc.org](mailto:asthma@bphc.org) | [www.bphc.org/asthma](http://www.bphc.org/asthma)**

**Asthma Prevention & Control | 1010 Massachusetts Ave., 2nd Floor, Boston, MA 02118**