



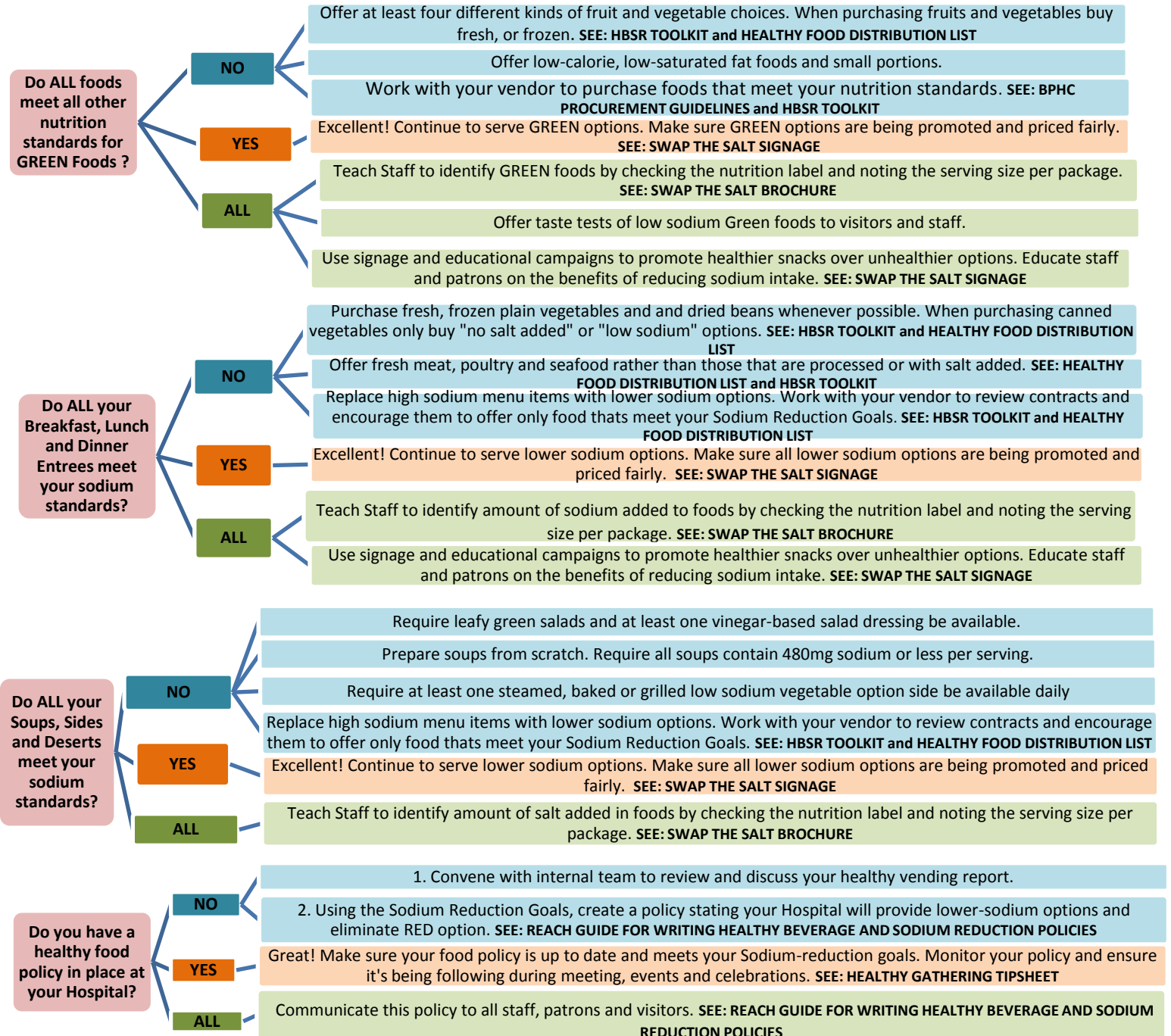
Adapted from OSNAP (Out of School Physical Activity and Nutrition) Initiative by Harvard School of Public Health Prevention Research Center

## Action Steps for Reducing Sodium in Café/Cafeterias at Your Hospitals

Refer to your Hospital’s individual Sodium Report for cafés and cafeterias to identify healthy food challenges. Then use the following questions and suggested action steps to overcome those challenges. The **ALL** symbol are strategies for everyone, no matter how you answer the question. Items in bolded caps with the word “**SEE**” in front refer to additional resources to help you meet your Rethink your Drink Goals.

### Questions

### Suggested Action Steps





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