

## GREEN BEVERAGES - DRINK PLENTY

Brand Distributor	Beverage Type	Serving Size	Serving Unit (oz.)	Sugar (g)
Adirondack Waters	Adirondack Seltzer - Lemon Lime	8	oz	0
Adirondack Waters	Adirondack Seltzer -Raspberry Lime	8	oz	0
Berkley and Jensen Distributing	Berkley & Jensen Cranberry Raspberry Sparkling Water	8	oz	0
Berkley and Jensen Distributing	Berkley & Jensen Lime Sparkling Water	8	oz	0
Berkley and Jensen Distributing	Berkley & Jensen Simply H2o	8	oz	0
Byrne Dairy	Byrne Dairy Fat Free Milk	8	oz	11
Coca-Cola	Dasani Water	12	oz	0
Coca-Cola	Glaceau Smart Water	8	oz	0
Coca-Cola	Gold Tea Unsweetened	12	oz	0
Coca-Cola	Vitamin Water Zero Acaci Blueberry Pomegranate	8	oz	0
Coca-Cola	Vitamin Water Zero Drive Blood Orange Mixed Berry	8	oz	0
Coca-Cola	Vitamin Water Zero Glow Strawberry Guanabana	8	oz	0
Coca-Cola	Vitamin Water Zero Go Go Mixed Berry	8	oz	0
Coca-Cola	Vitamin Water Zero Mega C Grape Raspberry	8	oz	0
Coca-Cola	Vitamin Water Zero Rise Orange	8	oz	0
Coca-Cola	Vitamin Water Zero Squeezed Lemonade	8	oz	0
Dr. Pepper Snapple Group	Schweppes Black Cherry Seltzer Water	8	oz	0
Dr. Pepper Snapple Group	Schweppes Lemon Lime Seltzer Water	8	oz	0
Dr. Pepper Snapple Group	Schweppes Orange Seltzer Water	8	oz	0
Dr. Pepper Snapple	Schweppes Original Seltzer Water	8	oz	0

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Group				
Dr. Pepper Snapple				
Group	Snapple Diet Papaya Mango Tea	.		0
Fiji	Fiji Water		8 OZ	0
Garelick Farms (or Dean Foods)	Garelick Farms Dairy Pure 2% milk		8 OZ	12
Garelick Farms (or Dean Foods)	Garelick 1% Milk		8 OZ	12
Garelick Farms (or Dean Foods)	Garelick Low Fat Milk		8 OZ	12
Garelick Farms (or Dean Foods)	Garelick Skinny Fat Free Milk		8 OZ	12
Hint	Hint Blackberry		16 OZ	0
Hint	Hint Mango Grapefruit Water		16 OZ	0
Hint	Hint Pomegranate Tangerine		16 OZ	0
Hint	Hint Raspberry Lime Water		16 OZ	0
Hint	Hint Strawberry Kiwi Water		16 OZ	0
Hint	Hint Watermelon		16 OZ	0
Hood	Hood 1% Low Fat Milk		8 OZ	12
Hood	Hood 2% milk		8 OZ	12
Hood	Hood Fat Free Milk		8 OZ	12
Ice River Springs	Ice River Springs Water		8 OZ	0
Kirkland	Kirkland water		8.11 OZ	0
Kraft	Crystal Light Cherry Pomegranate		8 OZ	0
Lactaid (or Hood)	Lactaid fat free milk		8 OZ	12
multiple	Water		8 OZ	0

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Nestle	Nestle PureLife		8 OZ	0
Nestle	Perrier seltzer water		8 OZ	0
Nirvana	Nirvana Water		8 OZ	0
Oakhurst	Oakhurst 1% Lowfat Milk		8 OZ	12
Pepsico	Aquafina Water		12 OZ	0
Pepsico	Aquafina Water		16.9 OZ	0
Pepsico	SoBe Lifewater Apple Pear		8 OZ	0
Pepsico	SoBe Lifewater Black and Blueberry		8 OZ	0
Pepsico	SoBe Lifewater Cherimoya Punch		8 OZ	0
Pepsico	SoBe Lifewater Stawberry Apricot		8 OZ	0
Pepsico	SoBe Lifewater Strawberrt Dragonfruit		8 OZ	0
Pepsico	Sobe Lifewater Yumberry Pomegrante		8 OZ	0
Pepsico	Starbucks Iced Coffee		12 OZ	0
Poland Springs	Poland Springs Nature's Blend Strawberry			0
Poland Springs	Poland Springs Sparkling Water		8 OZ	0
Poland Springs	Poland Springs Sparkling Water Lemon		8 OZ	0
Poland Springs	Poland Springs Sparkling Water Lime		8 OZ	0
Poland Springs	Poland Springs Sparkling Water Mandarin Orange			0
Poland Springs	Poland Springs Sparkling Water Raspberry Lime		8 OZ	0
Poland Springs	Poland Springs Water		8 OZ	0
Polar	Polar Seltzer - Lime		8 OZ	0
Polar	Polar Seltzer Black Cherry		8 OZ	0
Polar	Polar Seltzer Orange Vanilla		8 OZ	0
Polar	Polar Seltzer Original		8 OZ	0
Polar	Polar Seltzer Pomegranate		8 OZ	0
Polar	Polar Seltzer Raspberry Lime		8 OZ	0

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Polar	Polar Seltzer Strawberry	8	OZ	0
Polar	Polar Spring Water	8	OZ	0
Shamrock Farms	Shamrock Farms Reduced Fat Milk	12	OZ	8
Shenandoah or Dean Foods	Shenandoah's Fat Free Milk	8	OZ	12
Skinny Nutritional Corp	Skinny Water Acai Grape Blueberry Hi Energy	8	OZ	0
Skinny Nutritional Corp	Skinny Water Blue Raspberry Fit	8	OZ	0
Skinny Nutritional Corp	Skinny Water Goji Black Cherry Shape	8	OZ	0
Skinny Nutritional Corp	Skinny Water Raspberry Pomegranate Crave control	8	OZ	0
The Danone Group	Evian water	8	OZ	0
unknown	chai tea	8	OZ	0
unknown	Coffee	8	OZ	0
unknown	Decaffeinated Coffee	8	OZ	0
unknown	Niagara Water	8	OZ	0
unknown	Pure Leaf Unsweetened	8	OZ	0
unknown	Swiss Spring Water	8	OZ	0
unknown	Tea	8	OZ	0
unknown	Our Family Farms 1% milk	8	OZ	12
Various	Crystal Geyser Natural Alpine Spring Water	8	OZ	0
Various	Bai Brasilia Blueberry antioxidant beverage	8	OZ	1
Various	Bai5 Blueberry	8	OZ	1
West Creek	West Creek Reduced Fat Milk	8	OZ	12