**Recommendations:**

- Keep your child in a rear-facing car seat for as long as possible and in the back seat through age 13.
- Only move your child to the next car seat when they outgrow the weight or height limit.
- Most convertible seats have limits that will allow children to ride rear-facing up to 3 years old.
- For a seat belt, the lap belt must lie across the upper thighs, and the shoulder belt should lie across the shoulder and chest.
- Never add accessories to your child's car seat for comfort that did not come with the packaging.
- Dress your child in nothing thicker than a sweatshirt in their car seat. Place your child's coat or blanket over them for warmth.
- Never leave your child alone in the car to prevent overheating. Keep your phone or bag in the back seat to remember to bring your child with you.
- Whether it's a car seat or seat belt, make sure everyone is always buckled up for every drive.
Call to schedule an inspection for your child's car seat.

For more locations, visit safercar.gov or mass.gov/car-seat-safety to find car seat inspections near you.