

# Wondering what you can do to keep you and your family healthy this flu season?

## Have questions about seasonal flu, 2009 H1N1 (Swine flu), and the safety of vaccinations?

The Boston Public Health Commission in collaboration with the Boston Public Library is offering information sessions on Influenza/2009 H1N1 at City of Boston Library branches.

### Information sessions will include:

- Basic information about influenza/H1N1
- What you can do to prevent the spread of the flu
- How to take care of someone who is sick with the flu
- Myths and Fact about the flu
- Location of free flu clinics

These information sessions are free and open to the public. No registration required.

### Information sessions are available in the following Boston Public Library Branches:

#### Hyde Park

Monday, November 16  
5:30 – 6:30pm  
35 Harvard Avenue, Hyde Park,  
MA 02136

#### Copley

Tuesday, November 17  
6:00-7:00pm  
700 Boylston St., Boston MA  
02116

#### Honan-Allston

Wednesday, November 18  
4:00-5:00pm  
300 North Harvard Street,  
Allston, MA 02134

#### Mattapan

Thursday, November 19  
5:00-6:00pm  
1350 Blue Hill Avenue,  
Mattapan, MA 02126

#### West Roxbury

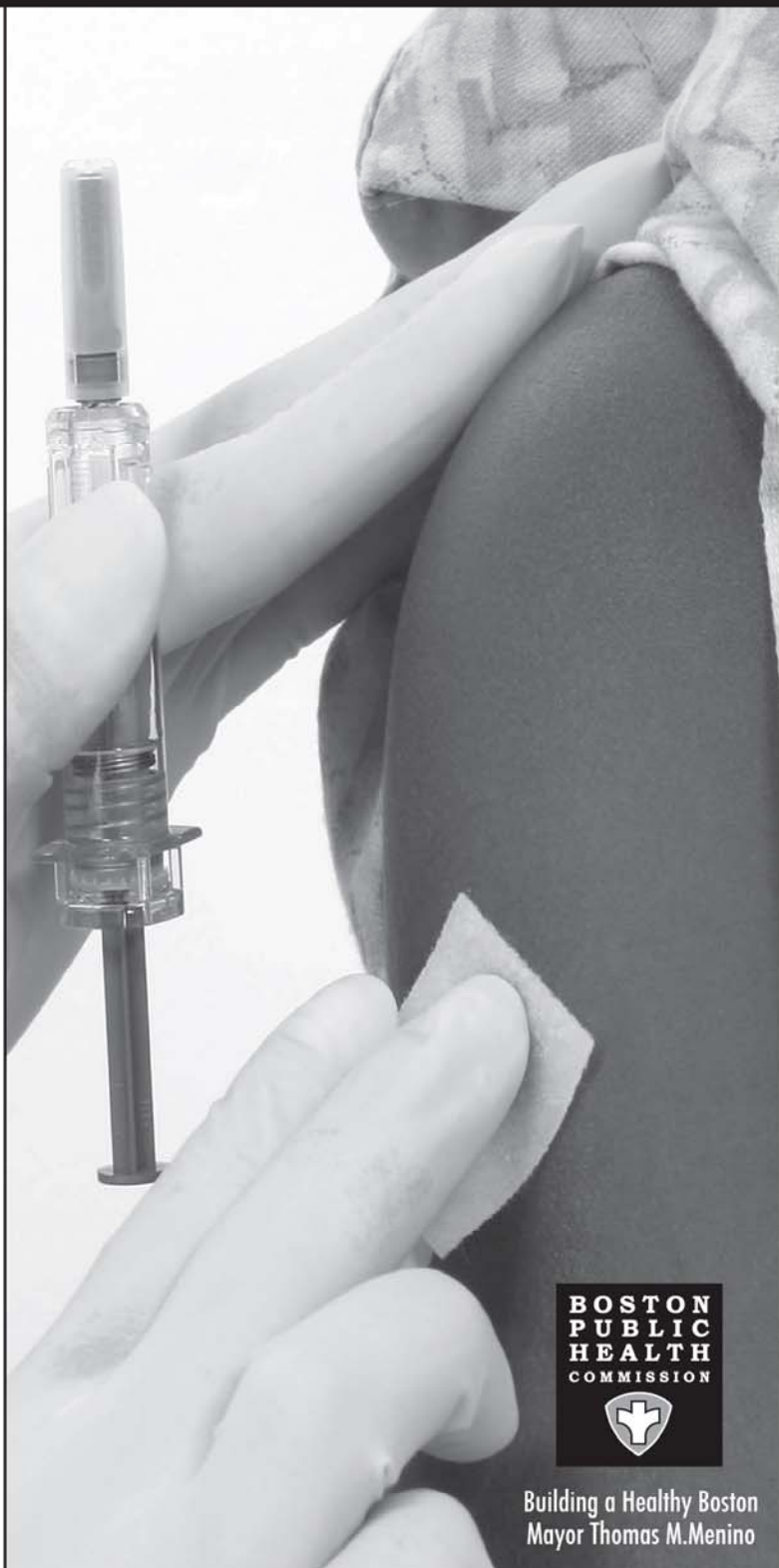
Friday, November 20  
9:00-10:00am  
1961 Centre Street, West  
Roxbury, MA 02132

#### East Boston

Thursday, December 3  
11:00-12:00noon  
Spanish only  
276 Meridian Street, East  
Boston, MA 02128

#### Codman Square

Thursday, December 3  
5:30 – 6:30pm  
690 Washington Street,  
Dorchester, MA 02124



Building a Healthy Boston  
Mayor Thomas M. Menino

Mayor Thomas M. Menino and the Boston Public Health Commission are partnering with local community health centers to provide free flu vaccinations across the city. The clinics are open to all Boston residents and the vaccinations are free.

For more information, go to [www.bphc.org/flu](http://www.bphc.org/flu), or call 617-534-5050.