



Building a Healthy Boston

## **Boston Public Health Commission Guidelines for Body Art Regulation**

### **Introduction**

The following proposed guidelines have been developed to accompany proposed Body Art Regulations. Guidelines are intended to provide greater detail and additional clarification of the proposed Body Art Regulations but shall remain in accordance with the intent of the proposed Body Art Regulation. Proposed guidelines are open to written public comment and shall be maintained and modified by the Boston Public Health Commission as necessary in both the proposed and final versions.

Proposed written guidelines are presented below with the associated Proposed Body Art Regulations reference identified:

### **Section 5 Body Art Practitioner License 5.5.1. Minimal Educational Requirements**

#### **(a) Anatomy and Physiology Course**

1. An Anatomy and Physiology course or other relevant courses deemed acceptable to the Commission incorporating a general explanation of principals of Human Anatomy and Physiology; 2. A general explanation of the skin system and symptoms of any skin disease potentially caused through Body Art activity, and 3. An opportunity for interactive questions and answers with the instructor of the training session.

#### **(b) Blood Borne Pathogen Training Course - Content**

1. Any course taken by an applicant to fulfill the requirements set forth in the Body Art Regulation concerning exposure control and Blood borne pathogen training shall meet the requirements of 29 CFR 1910.1030 et seq., as amended from time to time, and, at a minimum, shall provide instruction in the following subject matter:

- A general explanation of the Epidemiology and symptoms of Blood borne diseases and all communicable diseases potentially transmitted through Body Art activity;
- An explanation of the modes of transmission of Blood borne pathogens and other communicable diseases potentially transmitted through Body Art activity;
- An explanation of the appropriate methods for recognizing tasks and other activities that may involve exposure to blood for the Body Art Practitioner and/or the Client/recipient;
- An explanation of the use and limitations of methods that will prevent or reduce exposure to the Body Art Practitioner and/or the Client/recipient of Blood borne pathogens and other communicable diseases;
- Information on different types, proper use, and removal of gloves and proper hand washing techniques;
- Information on the proper selection and use of Autoclave and Antiseptics;

- Information on the HBV vaccine, including information on its efficacy, safety, method of administration, and the benefits of vaccination against HBV;
- An explanation of what constitutes an exposure incident, the risk of disease transmission following an exposure incident, and the options for post-exposure evaluation and follow-up if an exposure incident occurs involving Blood borne pathogens; and,
- An opportunity for interactive questions and answers with the instructor of the training session.

## **Section 8.4 Plans**

### **Workstation**

- a) Every Workstation shall have minimum of 45 square feet.
- b) Each Body Art Establishment shall have at least one Workstation.
- c) The area within each Workstation shall be completely screened from view from any person outside such Workstation.
- d) Workstation shall be used for no other purpose.
- e) Each Workstation shall be separated from any other area of the Body Art Facility, including other Workstations within such Body Art Facility, by a wall or other solid barrier extending from the floor to a minimum height if 8 feet.
- f) A Workstation shall be maintained in a clean and sterile condition.
- g) At least 100-foot candles shall be provided at the level where the body art procedure is being performed.

### **Cleaning Area**

- a) Every Body Art Establishment shall have therein a Cleaning Area.
- b) Every Cleaning Area shall have an area for the placement and use of an Autoclave or other Sterilization Unit located or positioned so as to be a minimum of 36 inches from a required Ultrasonic Cleaning Unit.

### **Instrument Storage Area**

- a) Every Body Art Establishment shall have therein an Instrument Storage Area possibly exclusive of the Cleaning Area.
- b) The Instrument Storage Area shall be equipped with cabinets for the storage of all Instruments and Equipment.
- c) The required cabinets shall be located a sufficient distance from the Cleaning Area to prevent Contamination of the Instruments and Equipment stored therein.

### **Customer Waiting Area**

- a) Every Body Art Establishment shall have therein a Customer Waiting Area exclusive of and separate from any Workstation, Instrument Storage Area or Cleaning Area.
- b) Every Body Art Establishment shall have therein a sanitary restroom facility for use of clients and staff. Such a facility shall be exclusive of and separate from any Workstation, Instrument Storage Area or Cleaning Area.
- c) Any sanitary restroom facility for use of clients and staff in a Body Art Establishment shall contain a sink.

## **Walls – Floors – Ceilings**

- a) Every Workstation, Instrument Storage Area, Toilet Room, and Cleaning Area shall be constructed and maintained in compliance with applicable sanitary and building codes and in a manner so as to provide a durable, smooth, nonabsorbent and washable surface.
- b) All such floors, walls and ceilings shall be light-colored. All such floors, walls, ceilings, and procedure surfaces shall free of open holes and cracks.

## **Lighting and Ventilation**

- a) Every Workstation shall be properly ventilated and have adequate lighting maintained at all times during the conducting of Body Art Activities.
- b) A minimum of 30-foot candle 3 feet off the floor of light must be provided at the body art establishment.
- c) Every Workstation, Cleaning Area and every area in a Body Art Establishment where linens, Instruments, Sharps or other Equipment exposed, Sanitized or Sterilized shall be equipped exclusively with readily cleanable light fixtures with light bulbs, lenses or globes of shatterproof material.

## **Sinks**

- a) A Hand Washing Sink shall be provided for every two Workstations. These are in addition to the required sinks in toilet rooms.
- b) An Instrument Sink shall be provided in the clean area to be used exclusively for the cleaning of Instruments.
- c) Any Hand Washing Sink and Instrument Sink shall not be used as a Janitorial Sink.

## **Section 9 Requirements for Single Use Items**

### **9.7**

- a) Inserted Objects - Jewelry shall be Sterilized, free from polishing compounds, free from nicks, scratches, burrs or irregular surface conditions.
- b) Jewelry of 16 Gage girth or thicker shall not have raised external threads or threading.
- c) Jewelry shall be in good condition, designed and manufactured for insertion into the intended body part of the Client.
- d) The use of previously worn Jewelry or Jewelry brought into the Body Art Establishment by the Client or another is prohibited.
- e) Only Jewelry manufactured of surgical implant stainless steel of American Society for Testing and Material Standards grade F138, surgical implant solid 14K or 18K white or yellow gold, niobium, surgical implant titanium of Ti6A4V ELI, American Society for Testing and Material Standards F-136-98, platinum or other materials considered by the Department to be equally bio-compatible and capable of adequate cleaning and Sterilization shall be inserted into a Client.

## **Section 10 Sanitation and Sterilization Measures and Procedures**

Sterilization should include each of the following steps:

- a) Upon completion of the packaging process as set forth in subsection above, every such Instrument shall be properly Sterilized by properly Autoclaving in an approved Autoclave or Sterilized in another type of Sterilization Unit according to manufacturer's instructions.
- b) If a package becomes wet, is opened or is otherwise compromised so as to allow the possible Contamination of the contents of the package, any Instrument therein shall be deemed Contaminated and shall again be washed, cleaned, packaged and Sterilized as indicated prior to any use.
- c) Every Sterilized package shall be deemed expired six (6) months after the date of Sterilization. Every Instrument therein shall again be washed, cleaned, packaged and sterilized consistent with the provisions of this section prior to use.
- d) The autoclave shall be used, cleaned, and maintained according to manufacturer's instruction. A copy of the manufacturer's recommended procedures for the operation of the autoclave must be available for inspection by the Boston Public Health Commission. Autoclaves shall be located away from workstations or areas frequented by the public.
- e) All instruments used for Body Art procedures shall remain stored in sterile packages until just prior to the performance of a Body Art procedure. After sterilization, the instruments used in Body Art procedures shall be stored in a dry, clean cabinet or other tightly covered container reserved for the storage of such instruments.
- f) Sterile instruments may not be used if the package has been breached or after the expiration date without first repackaging and re-sterilizing.
- g) Each holder of a permit to operate a Body Art establishment shall demonstrate that the autoclave used is capable of attaining sterilization by monthly spore destruction tests. These tests shall be verified through an independent laboratory. The permit shall not be issued or renewed until documentation of the autoclave's ability to destroy spores is received by the Commission. These test records shall be retained by the operator for a period of three (3) years and made available to the Boston Public Health Commission upon request. When assembling any instrument used for any Body Art procedure, the operator ensure that the assembled instrument and gloves are not contaminated.

## **Section 10**

- a) each use. The cloth items shall be stored in a dry, clean environment until used.
- b) Clean linen shall be stored in a manner so as to prevent Contamination.
- c) Containers used for the storage of such linen shall be clearly labeled as to the contents and used for no other purpose.
- e) Linens that have become soiled or contaminated shall be disposed of, or not be or disposed of so as to prevent hazard in a manner approved by the Commission.
- f) Any other protective clothing, garment or clothe items worn during or used during in Body Art activity and intended for reuse shall be mechanically washed
- g) the items shall be washed in accordance with standards applicable to hospitals and medical care facilities, at a temperature of 160° F or a temperature of 120° F with the use of chlorine Disinfectant.